

JULY 2024 AM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Belleville Senior Services 518 Washington Avenue Belleville, NJ 07109 973-751-6000</p>	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise w/ Tao 11:00 Cup Game 12:00 lunch 12:30 Bingo</p> <p>9:00 A.M Bank</p>	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise w/ Yvette 11:00 Ring Toss 12:00 lunch 12:30 Bingo</p>	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise w/ Yvette 11:00 Ladder throw 12:00 lunch 12:30 Bingo</p> <p>9:00 A.M ShopRite</p>	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise Janeth 11:00 Ring Toss 12:00 lunch 12:30 Bingo</p> <p>Happy 4th of July</p>	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise w/ Ricky 11:00 Bowling 12:00 lunch 12:30 Bingo</p> 	<p>7</p> <p>8</p> <p>9</p> <p>10</p> <p>11</p> <p>12</p> <p>13</p>
	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise w/ Tao 11:00 Shuffle Board 12:00 lunch 12:30 Bingo</p> <p>9:00 Dollar Store</p>	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise w/ Ingrid 11:00 Basketball 12:00 lunch 12:30 Bingo</p>	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise w/ Yvette 11:00 Golf 12:00 lunch 12:30 Bingo</p> <p>9:00 A.M Super Fresh</p>	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise ww/ Yvette 11:00 Hot Potatoes 12:00 lunch 12:30 Bingo</p>	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise w/ Chama 11:00 Tic Tac toss 12:00 lunch 12:30 Bingo</p>	<p>4th Independence Day 6th Internation Kissing Day 10th Piña Colada Day 11th 7-11's Birthday 13th French Fries Day 20th First Moon Landing 24th National Tequila Day 26th Parents' Day 30th Father-in-Law Day</p>
<p>The Romans called the month Quintilius, which means fifth. A Roman Senate renamed the month to Julius (July) in honor of Julius Caesar, who was born on 12 July.</p>	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise w/ Tao 11:00 Ring Toss 12:00 lunch 12:30 Bingo</p> <p>9:00 A.M TJ Max</p>	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise w/ Ricky 11:00 Golf 12:00 lunch 12:30 Bingo</p>	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise w/ Yvette 11:00 Bean Bag toss 12:00 lunch 12:30 Bingo</p> <p>9:00 A.M Food Depot</p>	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise w/ Yvette 11:00 Axe Throw 12:00 lunch 12:30 Bingo</p>	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise w/ Janeth 11:00 Ladder Karaoke 12:00 lunch 12:30 Bingo</p> 	<p>14</p> <p>15</p> <p>16</p> <p>17</p> <p>18</p> <p>19</p> <p>20</p>
<p>Birthstone: Ruby Flower: Larkspur, Water Lily Astrological Signs: Cancer: Jun 21 - Jul 22 Leo: Jul 23 - Aug 22</p>	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise w/ Tao 11:00 Ladder Throw 12:00 lunch 12:30 Bingo</p> <p>9:00 A.M Walmart</p>	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise w/ Ingrid 11:00 Bowling 12:00 lunch 12:30 Bingo</p>	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise w/ Yvette 11:00 Shuffleboard 12:00 lunch 12:30 Bingo</p> <p>9:00 A.M Aldi's</p>	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise w/ Ivette 11:00 Cornhole 12:00 lunch 12:30 Bingo</p>	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise w/ Chama 11:00 Cup Game 12:00 lunch 12:30 Bingo</p>	<p>Activities and Participation are subject to change and discretion of the Administration. Trips and Outdoor Activities may be canceled due to the weather</p>
	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise w/ Tao 11:00 Basketball 12:00 lunch 12:30 Bingo</p> <p>9:00 A.M Marshall's</p>	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise w/ Ricky 11:00 Bowling 12:00 lunch 12:30 Bingo</p>	<p>8:00 Breakfast 9:30 Bingo 10:30 Exercise w/ Yvette 11:00 Ladder throw 12:00 lunch 12:30 Bingo</p> <p>9:00 A.M Food Market</p>	<p>OUR CENTER PROVIDES TWO SHIFTS OF SERVICES FOR YOUR CONVINIENCE 7:45 AM-12:45 PM 1:00 PM-6:00 PM</p>		<p>DAILY ACTIVITIES Beauty Salon, Exercise, Table Games, Trivia, Music, Arts & Crafts, Trips, Laundry, TV / Movies, Grand Bingo, Yoga.</p>

JULY, IS INVITE A FRIEND MONTH
ANY FRIEND OR FAMILY MEMBER WITH MEDICAID CAN COME WITH YOU TO PARTICIPATE IN ALL OF OUR DAILY PROGRAMING AND EVENTS